Terms and Conditions – Staffroom Steppers Challenge 2027

Overview:

The Staffroom Steppers Challenge is organised by Clare Sports Partnership and Clare Education Centre. The aim of this initiative is to encourage physical activity and wellbeing among primary school staff throughout County Clare.

Eligibility:

- The challenge is open exclusively to staff members employed at primary schools in County Clare.
- Participants must be currently employed by their respective school for the duration of the challenge period.
- Both full-time and part-time staff members are eligible to participate.
- Registration Requirement: Participants must register with Clare Sports Partnership by the specified deadline. Staff who do not register will not be permitted to take part in the challenge.

Challenge Dates:

- The challenge runs from Monday January 18th Friday to February 12th, 2027 (four consecutive weeks).
- Only walking activity completed and recorded between Monday and Friday of each week will count towards the challenge.
- Weekend walks (Saturday and Sunday) will not count towards the challenge.
- Only walking activity completed and recorded within the challenge dates will be included in the final totals.
- Distances recorded before or after these dates will not be included in the final totals.

Tracking Your Walks:

- All walks must be tracked using the Strava app.
- Participants must join the official “Staffroom Steppers” Strava group, managed by Clare Sports Partnership.
- Only walking activities visible within the official Strava group will be counted towards school totals.
- Private or hidden activities on Strava cannot be verified and will therefore not be included.

Activity Type and Validity:

- Each individual walk must last 10 minutes in duration to qualify.
- All walks must be tracked using the Strava app.
- Only walking activities are eligible.
- Running, cycling, swimming, treadmill activity, or other forms of exercise do not count towards the challenge.
- Walks assisted by motorised transport (e.g., cars, e-scooters, or treadmills with inaccurate GPS data) are strictly prohibited.

Weekly Distance Submission and Verification

- Participants must submit their total walking kilometres for each week using the online form circulated by email.
- Weekly distance submissions must be completed by 12 noon each Saturday, covering walks completed from Monday to Friday of that week.
- Weekly distance submissions must be honest and accurate and honest and based on eligible walks recorded on Strava.
- Participants are responsible for ensuring that the distances submitted match their qualifying walking activities recorded on Strava.
- Clare Sports Partnership reserves the right to carry out random checks of individual submissions against recorded Strava activities to verify the distances reported.
- Any inaccurate, misleading or deliberately falsified submissions may result in the relevant distances being excluded from the challenge.

Data Collection and Privacy:

- By taking part, participants consent to their walking distances being visible to Clare Sports Partnership for the purpose of challenge tracking and results
- No personal data beyond walking activity (distance and time) will be shared publicly

Fair Play:

- Distances must be based on genuine walking activity
- Use of motorised assistance (e.g., e-scooters, cars, treadmills with incorrect data) are strictly prohibited.

School Totals:

- Total kilometres will be calculated by combining the weekly distances submitted by all eligible staff participants in each school.
- Submitted distances must relate to qualifying walks recorded on Strava and may be subject to random verification checks.
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- The school with the highest combined distance at the end of the challenge will be declared the winner.
- In the event of a tie, both schools will be recognised equally.

Prizes:

- Details of prizes or recognition for the winning school will be announced once the challenge concludes, and total distance calculations are complete.

Amendments and Decisions:

- Clare Sports Partnership and Clare Education Centre reserve the right to amend the terms or rules if necessary.
- All decisions regarding results and eligibility are final.

FAQ's

- Do I have to walk every day?
    - No. Participants can walk as often as they wish from Monday to Friday during the four-week challenge. There is no requirement to walk every weekday, and every qualifying kilometre counts. Please note that weekend walks (Saturday and Sunday) will not count towards the challenge.

- Can I use another fitness app and upload the data to Strava?
    - Only data successfully synced to Strava and visible in the official group will be counted.

- Can treadmill walks be included?
    - No. Only GPS-tracked outdoor walks recorded on Strava are eligible.

- Can non-teaching staff (e.g., SNAs, caretakers, or administrators) take part?
    - Yes. All staff members of the school community are encouraged to participate.

- Can two or more schools combine their totals?
    - No. Each school's total must represent only the verified distances of its own staff.

- What happens if my walk does not appear in the Strava group?
    - If your walk is not visible to Clare Sports Partnership on Strava, it cannot be verified and will not count towards your school's overall distance.